

## **DOCUSATE SODIUM SYRUP and CAPSULES**

### Stool Softener

Indications: The management of occasional constipation due to hard stools, in painful anorectal conditions, in cardiac and other conditions in which maximum ease of passage is desirable to avoid difficult or painful defecation, and when peristaltic stimulants are contraindicated.

Contraindications: Presence of abdominal pain, nausea, fever or vomiting.

Precautions: Do not administer concomitantly with mineral oil as increased absorption of the oil may be result. Not to be taken within two (2) hours of another medicine because the desired effect of the other medicine may be reduced. Frequent or prolonged use may cause dependence for bowel function.

Adverse Effects: No serious adverse effects have been reported but excessive doses may cause anorexia, diahea and vomiting.

Dosage:**Syrup:** **Infants and children under 3 years:** As directed by a physician. **Children 3 to 6 years:** 1 to 2 teaspoonfuls daily. **Children 7 to 12 years:** 2 teaspoonfuls two to three times daily. **Adults and Older Children:** 1 to 3 tablespoonfuls daily.

Each teaspoon (5 mL) of Docusate Sodium Syrup contains 20 mg of Docusate Sodium USP. Each tablespoon (15 mL) Docusate Sodium Syrup contains 60 mg of Docusate Sodium USP. Give syrup in 120 mL of milk, fruit juice or infant formula to mask bitter taste.

Capsule: **Children 6 to 12 years:** 1 capsule daily or as prescribed by a physician. **Adults and Older Children:** 1 to 2 capsules daily. May be given in divided dosage with water.

The effect of Docusate Sodium on the stool may not be apparent until 1 to 3 days after first oral use.

Supplied:**Syrup:** Each 5 mL of syrup contains docusate sodium USP 20 mg. Energy: 50 kJ (12 kcal)/ 5 mL. Sodium: <1mmol (3.7)/5 mL. Bottles of 250 mL. Protect from freezing. Store at room temperature.

**Capsule:** Each brown oval-shaped soft gelatin capsule contains docusate sodium USP 100 mg in a polyethylene glycol base. Bottles of 100 and 1000. Protect from freezing and excessive heat. Store at room temperature.

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